



Time Spent in Unpaid Work

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Introduction

Across the world, the unequal distribution of unpaid household work among men and women has resulted in the propagation of gender disparity. As a result of social conventions and sexist stereotypes, women continue to carry more responsibilities at home and perform most unpaid household duties that involve various tasks such as taking care of children and other adult family members, cooking, cleaning, and other housework. They spend a lot more time than their male counterparts in performing tasks and work without any remuneration. This section of UN Women 2020 analyses women's work burden and how much time they spend in unpaid work which also affects their work-life balance.



Key Highlights

1. On average, **women spend around three times the number of hours** on unpaid household work as compared to men.
2. Worldwide, women of all regions spend a considerably higher portion of their unpaid work on domestic work, such as cleaning or cooking, which leads to a total of **approximately 3.4 hours per day**, while on average, men spend only 1.4 hours every day on domestic work.
3. During the pandemic, working parents spent twice as much time on domestic work but following the trend of pre-pandemic life, working women still laboured two hours more than the working men in the house.
4. The total value of unpaid work indicates a significant portion of **gross domestic product (GDP), upto 60% in particular nations that are responsible** for producing estimates of the economic value of unpaid domestic, care work, and volunteer work.
5. On an average, women spend 38 minutes more than men on total work which is the sum of paid and unpaid work, women spend slightly under 7 hours per day and men about 6 hours and 20 minutes per day.

Read more: <https://undesa.maps.arcgis.com/apps/MapJournal/index.html?appid=6f02cbbfb8d34cb7806d21f4bd14e826>

Author: Richa Kohli, PILOT at Pratham